

Kybella Consent Form Kybella (deoxycholic acid) is an FDA approved injection indicated for improvement in the appearance of moderate to severe convexity or fullness associated with submental fat, also called “double chin,” in adults. Kybella is injected into the fat under the chin. All other areas that are treated with Kybella are OFF LABEL- this means they have not been approved by the FDA. However we have had great success with other areas and physicians are currently collecting data to submit to the FDA in order to get other areas approved.

Risks of Kybella Treatment:

- ❖ Kybella injections commonly cause swelling, bruising, pain, numbness, redness and area of harness in the treatment area. Kybella injections can also cause tingling, nodule, itching, skin tightness and headache. These side effects typically resolve without treatment and do not commonly result in patients discontinuing treatment.
- ❖ Other less common potential side effects include:
 - ◆ Nerve Injury: Kybella injections could cause nerve injury in the area of the jaw resulting in an uneven smile or facial muscle weakness. In the clinical trials these all resolved without treatment in an average of 6 weeks.
 - ◆ Swallowing: Kybella injections can temporarily cause trouble with swallowing.
 - ◆ Skin Ulceration: Kybella injections could cause superficial skin erosions.
 - ◆ Alopecia: Kybella injections could cause small patches of hair loss in the treatment area.
 - ◆ Unsatisfactory Results: There is a possibility of an unsatisfactory result from injections of Kybella. The procedure may result in unacceptable visible deformities or asymmetry in the treatment area.
 - ◆ Allergic Reaction: In rare cases, reactions have been reported.
 - ◆ Infection: Kybella should not be injected if there is a preexisting infection in the treatment area. In the rare event an infection occurred after treatment, additional treatment including antibiotics or an additional procedure may be necessary.
 - ◆ Patients should be advised to inform their healthcare provider if they develop signs of marginal mandibular nerve paresis (i.e. asymmetric smile, facial muscle weakness), difficulty swallowing, or if any existing symptom worsens.
- ❖ I understand that it is my responsibility to give my surgeon a full and truthful health history including any medical conditions in or near the neck area, bleeding problems, are taking blood thinners or any medications that prevent the clotting of the blood, are pregnant or plan to become pregnant and are breastfeeding or plan to breastfeed.

The results of Kybella are not immediate. At your first treatment visit you will receive a series of injections in the area you wish treated. At the time of injection and for several days following the injections you will have swelling in the area. Kybella will cause the fat cells to diminish gradually over the course of the next several months following your injection in the treated area. A series of treatments may be necessary to achieve optimal results and these will occur at no sooner than the



one month interval. The provider will decide the appropriate number of treatment sessions and the amount of Kybella you will need at each session.

Pre-Instructions:

You should not be pregnant, nursing an infant, have a history of a bleeding disorder or infection of the area to be treated. The morning of your treatment you should take ibuprofen if you are able to tolerate this medication. Also, you should tell your provider if you take any blood thinners or aspirin or have a history of any issue with lidocaine or epinephrine.

Post Care Instructions:

- Ice packs may be used to the treated area during the first 12 hours – ice for 15 minutes on every hour
- Do not massage the injection site
- If you are able to tolerate ibuprofen take 200mg three times daily beginning the day of your treatment and for the following four days
- Avoid heavy exercise the day of your treatment
- Notify your provider if any significant, swelling, bleeding, pain, dusky discoloration, difficulty swallowing or smiling, or fever occurs.

Alternatives: As explained not all submental fullness will respond to Kybella. Other alternative treatments are liposuction to the area, a neck lift and/or platysmoplasty procedures, coolsculpting.

All services and products are non-refundable.

Patient's Name:

Patient's Signature:

Date: