INFORMED CONSENT FOR PDO THREAD LIFT PROCEDURE

The PDO (Polydioxanone)Threat Lift and Smoothing procedure uses absorbable surgical sutures placed into the subdermal layer of the skin to initiate collagen production. The procedure can result in increased firmness and elasticity of the skin in the treated area. The PDO Lift procedure is effective in most cases, however there is no guarantee a specific patient will benefit from the procedure. The nature of cosmetic procedure may require a patient to return for numerous visits in order to achieve the desired results or to determine whether the treatment may not be completely effective at treating the particular condition.

Alternative Treatments: Alternative forms form of non-surgical and surgical treatment consist of surgical facelift, laser, full-face C02 laser, dermal fillers, local muscle relaxer (Botox, Dysport, Xeomin), chemical peels or inaction.

Every procedure involves a certain amount of risk. An individual's choice to undergo a procedure is based on the comparison of the risk to the potential benefit. Although most patients do not experience adverse complications, you should discuss your concerns and potential risks with your practitioner in order to make an informed decision.

Possible Risks and Side Effects Associated with PDO Threat Lift Procedure:

Discomfort: Some discomfort may be experienced during treatment.

Scarring: May cause scarring; sutures are inserted using a small needle, which must heal. A scar at entry point may occur.

Bruising, Swelling, Infection: With any minimally invasive procedure, bruising of the treated area may occur along with the potential for swelling.

Infection is rare, but with any injection or incision into the skin, the possibility exists.

Bleeding: You may experience some bleeding during the procedure. Hematoma or a small blood clot may occur and may require treatment by drainage. There is a higher risk of bleeding if you have taken any anti-inflammatory medications (Advil, Motrin, Aspirin, Ibuprofen) within the 10 days preceding the procedure.

Damage to Deeper Structures: Deeper structures such as nerves, blood vessels and muscles may be damaged during the procedure. The potential for this to occur varies

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according to the location on the body the procedure is being performed. Injury to deeper structures may be temporary or permanent.

Allergic Reaction: Allergies to tape, suture material or topical preparations have been reported. allergic reactions may require additional treatment.

Anesthesia: Local topical anesthesia may be used and can involve risk of allergic reaction. There is a possibility of the treatment area becoming lighter or darker than the surrounding skin. This is usually temporary, but on rare occasions, may be permanent. Appropriate sun protection is important.

Partial Laxity Correction: PDO Lift may not correct all your facial laxity or sagging.

Delay Healing: Complications may ensure as a result of smoking, using a straw, or similar motions. Smoking and similar actions are STRONGLY discouraged. Slight asymmetry, redness, visible sutures, suture breakthrough may require additional treatment or the removal of the sutures.

Contraindications: Any known allergy or foreign body sensitivities to synthetic biomaterials.

Additional Procedures May Be Necessary:

In some situations, it may not be possible to achieve optimal results with a single PDO Lift procedure and other procedures may be necessary. Although peak results are expected, there cannot be any guarantee or warranty expressed or implied on the results that may be obtained.

I understand that no warranty or guarantee of specific result has been made to me. I realize that, as in all medical treatment, complications or delay in recovery may occur which could lead to the need for additional treatment, and could result in a delay to one's normal daily activities and thus economic loss.

I understand my practitioner may discover other conditions which require additional or different procedures than planned treatment. I authorize my practitioner and his or her associates, technical assistants and other health care providers to perform such other procedures which are advisable in their professional judgment.

I understand my cheeks/jowls may not achieve the desired improvement anticipated.

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I understand sutures may extrude, may have to be trimmed or may have to be removed in the future.

I understand the results may relax over time and additional procedures may be required.
I consent to the taking of photos before, during or after the procedure to document my progress.

The nature of the elective procedure, its risks and potential complications have been fully explained to me along with available alternative treatments and their benefits and risks has been discussed.

I understand I have the right to refuse treatment.
I have been instructed to and agree to abide by all safety precautions and post treatment instructions and have been given a written copy.
I understand no refunds will be given for received treatment and no guarantee(s) have been given regarding the results.
I release the facility, medical staff, and other technicians from liability associated with this procedure.
This consent is voluntarily executed and shall be binding on my spouse, relative, legal representatives, heirs, administrators, successors and assignees. I also state that I read and write in English.

Patient Name:

Patient Signature Witness:

Date:

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Adjuva Primary Care's Rejuvenation Thread Lift is an FDA-approved technique using a small needle to insert absorbable suture material into the tissue at the treatment area. The provider guides these threads into place and secures the threads to reposition, lift and support the tissue creating a noticeable rejuvenating difference. With adequate time allocated for topical numbing prior to the treatment, the entire procedure usually takes between 25 – 45 minutes depending on the location(s) and number of threads used.
The treatment encourages an increase in collagen production at the procedure sites to help rejuvenation with results lasting approximately 12 - 15 months. A touch up may be necessary at 6 months. The best candidates are individuals ages 30-65 that have no history of plastic surgery in the treatment areas.
Areas that can be treated include lips, corners of the mouth, cheeks, sagging brows & lids, under eye bags, marionette lines, jowls, chin, neck, creases, folds and general areas of volume loss, droopiness, muscle weakness, wrinkles and sagging.

Pre-Treatment Instructions:

- All patients are required to consult with a provider to review the risks, benefits, alternatives, contraindications and expectations of treatment.
- Patients that take oral antibiotics prior to dental visits/work should consider a course to reduce the chance of infection if indicated by the treatment area. Patients with the risk of herpes should advise their provider, as treatment may cause an outbreak.
- Arnica may be used for one week prior to treatment to help reduce swelling post treatment.

Post Care Instructions and Expectations:

- We recommend not planning any formal events for at least 7 days following the procedure to allow for adequate healing. If you were prescribed a course of antibiotics, please complete the entire course as directed.
- You may gently wash your treatment areas however avoid rubbing, scrubbing, facials, waxing and laser treatments for 7 - 10 days following treatment.
- Apply SPF30 or higher and avoid excessive sun exposure to prevent hyperpigmentation.
- Avoid dental visits and procedures and opening your mouth widely for extended periods of time for 14-21 days following treatment.
- Sensations such as tightness, stinging, stretching, slight redness, slight swelling and itching are normal and will gradually subside. If you experience slight pain or discomfort from these sensations you may take Tylenol 500 mg 1-2 tablets every 6 hours as directed.
- Avoid excessive exercise, the use of saunas/hot tubs, excessive alcohol consumption, blood thinners (unless prescribed by your doctor) and/or taking any anti-inflammatory medications such as Aleve, Naproxen or Ibuprofen for 7 - 10 days following treatment as these may affect healing and collagen production.
- Although not common, possible risks and side effects include: discomfort; scarring at the injection site(s); bleeding; bruising; swelling; infection; damage to deeper structures; allergic
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- reactions; effects from use of anesthesia; pigment changes; partial laxity correction; delayed healing.
- In rare instances, threads may shift or break and cause irregularity or visibility of the thread. This usually is resolved with a touch up treatment and removal of the thread.
- Other rare complications include bruising, infection, and damage to blood vessels and nerves.
- Contact our office immediately if you experience any unusual symptoms or reactions to your treatment sites and surrounding areas.

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